

thumb crib

A Thumb Crib is used to help stop finger or thumb habits that move your teeth out of line. This appliance is a constant reminder to help stop a certain habit.

When wearing a Thumb Crib you can expect some discomfort to your tongue. As you get used to your appliance eating and speaking will become easier.

At each appointment in our office we will check the Thumb Crib. We will also check the patients thumb or fingers for calluses.

Call for an appointment if your appliance feels loose or if you feel extreme discomfort.

